

JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
MES/MJH/MHS January Menu	NO SCHOOL	NO SCHOOL	Waffles G & G – Donuts ~~~~~ Chicken Wrap, Chips <u>Salad Bar, Fruit, Milk</u> 2nd Ch. - Roast Beef/Cheese Sub., Chips	Pop-Tarts G & G – Breakfast Pizza ~~~~~ Crispos, Pretzel/Cheese <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Chicken Strips, S. Sides Crispy Salad (5 th -12 th)
Pancakes on a Stick G & G – Bagel Bites ~~~~~ Chicken Nuggets, Tator Tots <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Steak Fingers, Tator Tots Crispy Chicken Salad (5 th -12 th)	Breakfast Pizza G & G – Poptarts ~~~~~ Sloppy Joe, Baked Beans <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Turkey/Cheese Sub Baked Beans	Pancakes G & G – Croissant Sandwich ~~~~~ Chili, Crackers, Cinn. Roll <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Hot Dog, Chips, Cinn R. Chef Salad (5 th -12 th)	Waffle Sticks G & G – Pancake on a Stick ~~~~~ Chicken Sandwich, Chips <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-McRib Sandwich, Chips	Donuts G&G – Cinnamon Rolls ~~~~~ Corn Dogs, Tator Tots <u>Salad Bar, Fruit, Milk</u> 2ndCh. McRib Sand., Tator Tots Crispy Chicken Salad (5 th -12 th)
Waffles G & G – Pancakes ~~~~~ Chicken Fajitas, Rice Salad Bar, Fruit, Milk 2nd Ch. – Steak Fajitas, Rice. Grilled Chicken Salad (5 th -12 th)	Pancake on a Stick G & G - Sausage Cheese Sand. ~~~~~ Beef/Cheese Sub, Tator Wedges <u>Fruit, Salad Bar, Milk</u> 2nd Ch.-Chicken Salad Sub, Tator Wedges	Poptarts G & G – French Toast Sticks ~~~~~ Tacos, Ref. Beans, Chips/Salsa <u>Fruit, Salad Bar, Milk</u> 2nd Ch.-Taco Burger, S. Sides Chef Salad (5 th -12 th)	Cinnamon Roll G & G – Donuts , Go-gurt ~~~~~ Sweet & Sour Chicken, Rice <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Steak Sandwich, Rice	Yogurt, Granola Bar G & G – Poptarts ~~~~~ Pizza, Cookie <u>Salad Bar, Fruit, Milk</u> 2nd -Turkey/Ch. Sub., Cookie, Chips Crispy Chicken Salad (5 th -12 th)
Pancakes G & G - Bagel's, Cream Cheese ~~~~~ Steak Fingers, French Fries <u>Salad Bar, Fruit, Milk</u> 2ndCh.-Chicken Strips, French Fr. Crispy Chicken Salad (5 th -12 th)	Bagel Bites G & G – Pancake on a Stick ~~~~~ BBQ Beef, Baked Beans <u>Salad Bar, Fruit, Milk</u> 2nd Ch. – Ham & Cheese Sub, Baked Beans	GS/JH – NO SCHOOL Breakfast Sandwich G & G – Breakfast Burrito ~~~~~ Chicken & Noodles/ Mash Po., <u>Corn, Roll, Salad Bar, Fruit, Milk</u> 2ndCh.-Steak Sand., Same Sides Chef Salad (5 th -12 th)	Biscuits & Gravy G & G – Breakfast Sandwich ~~~~~ Chicken Sand. Tator Tots, Coleslaw <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Fish Sandwich, Tator Tots, Coleslaw	Turnover, Go-gurt G & G – Muffins ~~~~~ Corn Dog, Chips <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-McRib Sandwich, Chips Chef Salad (5 th -12 th)
Waffles G & G – Poptarts, Fruit Roll-up ~~~~~ Hamburger, Tator Tots <u>Salad Bar, Fruit, Milk</u> 2nd- Ch. Hot Dog, Tator Tots Crispy Chicken Salad (5 th -12 th)	Sausage & Hashbrowns G & G – Cinnamon Rolls ~~~~~ Pulled Pork Sandwich, Chips <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Chicken Salad Sub. Chips	Muffins G&G – Biscuit & Gravy ~~~~~ Nacho Supreme, Ref. Beans <u>Salad Bar, Fruit, Milk</u> 2nd Ch.- Cheese Nachos, Ref.Beans Chef Salad (5 th -12 th)	Scrambled Eggs, Bacon, Biscuit G&G – Breakfast Sandwich ~~~~~ Chicken Wrap, Rice <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Ch. Roast Beef Cheese Wrap, Rice	Breakfast is listed 1st each day. Grab & Go Breakfast is 2nd. Lunch is listed 3rd & 2nd Choice is listed below the line. Sometime options are just for HS or GS or for 5 th -12 th grades.