

January Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Breakfast is listed 1st each day. Grab & Go Breakfast is 2nd. Lunch is listed 3rd & 2nd Choice is listed below the line. Sometime options are just for HS or GS or for 5th-12th grades.</p>	<p>MES – MJH – MHS January Menu Menu</p>		<p>Donuts 4 G & G – Waffles ~~~~~ Chicken Wrap, Chips <u>Salad Bar, Fruit, Milk</u> 2nd Ch. - Roast Beef/Cheese Sub., Chips</p>	<p>Yogurt 5 G & G – Cinnamon Twists ~~~~~ Pulled Pork Sandwich, French f. <u>Salad Bar, Fruit, Milk</u> 2nd Ch.– Ham/Cheese Wrap, FF Chef Salad (5th-12th)</p>	
<p>Pancakes on a Stick 8 G & G – Bagel Bites ~~~~~ Chicken Nuggets, Chips <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Roast Beef Cheese Wrap Grilled Chicken Salad (5th-12th)</p>	<p>Breakfast Pizza 9 G & G – Poptarts ~~~~~ Sloppy Joe, Tator Tots <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Turkey/Cheese Wrap Tator Tots</p>	<p>Bagel Bites 10 G & G – Breakfast Sandwich ~~~~~ Chili, Crackers, Cinn. Roll <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Hot Dog, Chips, Cinn R. Chef Salad (5th-12th)</p>	<p>Breakfast Bites 11 G & G – Breakfast on Stick ~~~~~ Chicken Sand., French Fries, Cole Slaw <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Meatball Sub. Same sides</p>	<p>Poptarts 12 G&G – Cereal Bars ~~~~~ Corn Dogs, Baked Beans <u>Salad Bar, Fruit, Milk</u> 2ndCh. McRib Sand., Baked Beans Crispy Chicken Salad (5th-12th)</p>	
<p>Breakfast Pizza 15 G & G – Pancakes ~~~~~ Sloppy Joes, French Fries <u>Salad Bar, Fruit, Milk</u> 2nd Ch. – Turkey/Cheese Sand. Chef Salad (5th-12th)</p>	<p>Pancake on a Stick 16 G & G – Bagel Bites ~~~~~ Chicken Fajitas, Rice, <u>Fruit, Salad Bar, Milk</u> 2nd Ch.-Ham/Cheese Sub, Rice</p>	<p>17 NO SCHOOL Teacher Inservice</p>		<p>Yogurt & Granola Bar 18 G & G – Breakfast Sandwich ~~~~~ Beef /Chees Philly Sand., Chips <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Chicken Salad Sub., Chips</p>	<p>Cinnamon Twists 19 G & G – Donuts ~~~~~ Pizza, Cake <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Turkey/Cheese Sub., Cake Grilled Chicken Salad (5th-12th)</p>
<p>Waffles 22 G & G – Breakfast Sandwich ~~~~~ Steak Fingers, French Fries <u>Salad Bar, Fruit, Milk</u> 2ndCh.Chicken Strips, French Fr Crispy Chicken Salad (5th-12th)</p>	<p>Breakfast Bites 23 G & G – Breakfast on a Stick ~~~~~ Taco Burger, Ref. Beans, Chips/Salsa <u>Salad Bar, Fruit, Milk</u> 2nd Ch. – Roast Beef/Cheese Wrap, Same Sides</p>	<p>No School PS-8th 24 Breakfast Pizza G & G – Breakfast Burrito Chicken & Noodles/ Mash Po., <u>Corn, Roll, Salad Bar, Fruit, Milk</u> 2ndCh.-Steak Sand., Same Sides Chefs Salad (5th-12th)</p>	<p>Biscuits & Gravy 25 G & G – Breakfast Sandwich ~~~~~ Sweet & Sour Chicken, Rice <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Hot Ham/Cheese Sand., Rice</p>	<p>Bagel Bites 26 G & G – Muffins ~~~~~ Crispitos, Pretzel, Cheese Sauce <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Club Wrap, Pretzel, Cheese Sauce - Chefs Salad (5th-12th)</p>	
<p>Pancakes 29 G & G – Biscuits & Gravy Tacos, Ref. Beans, Chips/Salsa <u>Salad Bar, Fruit, Milk</u> 2nd-Rst/ Beef Cheese/Wrap, Same Sides Grilled Chicken Salad (5th-12th)</p>	<p>Sausage & Hashbrowns 30 G & G – Cinnamon Rolls ~~~~~ Steak, Sand., French Fries <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Chicken Wrap., French Fr.</p>	<p>Muffins 31 G&G – Waffles & Yogurt Little Smokies, Mac & Cheese <u>Salad Bar, Fruit, Milk</u> 2nd Ch.-Ch. Nuggets, Mac&Cheese Chef Salad (5th-12th)</p>			