



# November Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MES – MJH – MHS</b> <b>November Menu</b>		Breakfast is listed 1st each day. Grab & Go Breakfast is 2nd. Lunch is listed 3rd & 2nd Choice is listed below the line. Sometime options are just for HS or GS or for 5 <sup>th</sup> -12 <sup>th</sup> grades.	Breakfast Pizza <b>1</b> <u>G &amp; G – Bagel Bites</u> BBQ Sandwich, Baked Beans Salad Bar, Fruit, Milk 2 <sup>nd</sup> Ch.-Ham/Cheese Wrap, Baked Beans	French Toast Sticks <b>2</b> <u>G &amp; G – Donuts</u> Pizza, Dessert Salad Bar, Fruit, Milk 2 <sup>nd</sup> Ch.-Chicken Sandwich, Dessert Grilled Chicken Salad (5 <sup>th</sup> -12 <sup>th</sup> )
Pancakes <b>5</b> <u>G &amp; G – Pancake on Stick</u> Hamburgers, Potato Wedges Salad Bar, Fruit, Milk 2 <sup>nd</sup> – Hotdog, Potato Wedges Chef Salad (5 <sup>th</sup> -12 <sup>th</sup> )	Sausage/Cheese Biscuit <b>6</b> <u>G &amp; G – Biscuit &amp; Gravy</u> Sweet & Sour Chicken, Rice Salad Bar, Fruit, Milk 2nd Ch.-Roast Beef/Cheese Wrap, Rice	Donuts <b>7</b> <u>G &amp; G – Waffles</u> McRib Sandwich, Potato Salad Salad Bar, Fruit, Milk 2nd Ch.-Ham/Cheese Sandwich, Potato Salad Crispy Chicken Salad (5 <sup>th</sup> -12 <sup>th</sup> )	Sausage Links & Hashbrowns <b>8</b> <u>G &amp; G – Breakfast Pizza</u> Taco Soup, Tortilla Chips Salad Bar, Fruit, Milk 2nd Ch.-Sloppy Joe, Chips	Poptarts <b>9</b> <u>G &amp; G – Croissant Sandwich</u> Meat & Cheese Nachos, Salsa, Refried Beans Salad Bar, Fruit, Milk 2 <sup>nd</sup> – Cheese Nachos, Salsa, Refried Beans Chef Salad (5 <sup>th</sup> -12 <sup>th</sup> )
Pancakes <b>12</b> <u>G &amp; G – Biscuit &amp; Gravy</u> Steak Sandwich, Chips Salad Bar, Fruit, Milk 2 <sup>nd</sup> – Chicken Salad Sub, Chips Grilled Chicken Salad (5 <sup>th</sup> -12 <sup>th</sup> )	Breakfast Pizza <b>13</b> <u>G &amp; G – Pancake on Stick</u> Pulled Pork Sandwich, Baked Beans Salad Bar, Fruit, Milk 2nd Ch.-Roast Beef/Cheese Wrap, Baked Beans	Poptarts <b>14</b> <u>G &amp; G – Donuts</u> <b>Thanksgiving Meal</b> Turkey, Mashed Potatoes/Gravy, Green Bean Casserole, Stuffing, Rolls, Pie, Relish	Yogurt & Granola Bar <b>15</b> <u>G &amp; G – Breakfast Pizza</u> Meatball & Cheese Sub, Macaroni Salad Salad Bar, Fruit, Milk 2nd Ch.- Ham/Cheese Sub, Macaroni Salad	French Toast Sticks <b>16</b> <u>G &amp; G – Waffles &amp; Fruit Rollup</u> Chicken Sandwich, Tater Tots Salad Bar, Fruit, Milk 2 <sup>nd</sup> – Fish Sandwich, Tater Tots Crispy Chicken Salad (5 <sup>th</sup> -12 <sup>th</sup> )
Scrambled Eggs & Toast <b>19</b> <u>G &amp; G – Breakfast Burrito</u> Tacos, Refried Beans Salad Bar, Fruit, Milk 2 <sup>nd</sup> Ch.-Cheese Quesadilla, Refried Beans Chef Salad (5 <sup>th</sup> -12 <sup>th</sup> )	Bagel Bites <b>20</b> <u>G &amp; G – Poptarts</u> BBQ Beef Sandwich, Chips Salad, Bar, Fruit, Milk 2 <sup>nd</sup> Ch.-Club Sub, Chips	<b>21</b>	<b>22</b>	<b>23</b>
Waffles <b>26</b> <u>G &amp; G – Bagel Bites</u> Steak Fingers, French Fries Salad Bar, Fruit, Milk 2 <sup>nd</sup> Ch.-Chicken Nuggets, French Fries Grilled Chicken Salad (5 <sup>th</sup> -12 <sup>th</sup> )	Donuts <b>27</b> <u>G &amp; G – Cereal Bars &amp; Go-gurt</u> BBQ Chicken, Rice Salad, Bar, Fruit, Milk 2 <sup>nd</sup> Ch.-Roast Beef/Cheese Wrap, Rice	Pancake on Stick <b>28</b> <u>G &amp; G – Muffins</u> Tater Tot Casserole, Green Beans, Roll Salad Bar, Fruit, Milk 2nd Ch.- Pulled Pork, Green Beans Chef Salad (5 <sup>th</sup> -12 <sup>th</sup> )	Egg Bake & Toast <b>29</b> <u>G &amp; G – Breakfast Sandwich</u> Pizza, Ice Cream Salad Bar, Fruit, Milk 2nd Ch.- Chicken Sandwich, Chips, Ice Cream	Yogurt <b>30</b> <u>G &amp; G – Pancakes</u> Corn Dog, Chips Salad Bar, Fruit, Milk 2 <sup>nd</sup> – Club Sub, Chips Turkey & Bacon Salad (5 <sup>th</sup> -12 <sup>th</sup> )